



## OKINAWA GOJU-RYU KARATE-DO KYOKAI

### 7<sup>th</sup> EUROPEAN GASHUKU

**DATE:** from 27th till 29th April 2007.

**PLACE:** Sport Centre, st. Begovaya, 119, Moscow, Russia

**DIRECTED BY:**

**YOSHIO HICHIYA** Hanshi 10 DAN

President O.G.K.K.

**NANKO MINEI** Hanshi 10 DAN

Vice-president O.G.K.K.

**ASSISTED BY:**

**CHINEN SHINZO** Kyoshi 8 DAN

Technical Manager O.G.K.K.

**RYOICHI ONAGA** Kyoshi 8 DAN

Spanish and European Technical Manager O.G.K.K.

**PROGRAMME:**

7<sup>th</sup> EUROPEAN GASHUKU

**27 April**

**15:30 – 16:00** Opening ceremony.

**16:00 – 19:00** Basic technics training (movings, pair work etc).

**KATA GOJU-RYU: SANCHIN 1, SANCHIN 2, TENSHO.**

## **28 April**

- 10:00 – 13:00 KATA GOJU-RYU: (GEKISAI 1, GEKISAI 2, SAIFA, SEIYUNCHIN).  
BUNKAI KATA GOJU-RYU: (GEKISAI 1, GEKISAI 2, SAIFA, SEIYUNCHIN).**
- 15:00 – 18:00 KATA GOJU-RYU: (SHISOCHIN, SANSERU, SEIPAI)  
BUNKAI KATA GOJU-RYU:  
(SHISOCHIN, SANSERU, SEIPAI).**

## **29 April**

- 10:00 – 12:00 KATA GOJU-RYU: (KURURUNFA, SEISAN, SUPARINPEI).  
BUNKAI KATA GOJU-RYU:  
(KURURUNFA, SEISAN, SUPARINPEI).**
- 14:00 – 15:00 Demonstrations of senseis and participants.**
- 15:00 - 15:30 Making photographs.**
- 15:30 - 17:30 Tests.**

### **PRICE OF THE SEMINAR: 100 euro**

Fees will be paid for on registration.

You must sent the request for the seminar up to 31 March 2007  
The form as follows: family name, first name, age, country, dojo, Dan(ku), photo, phone, E-mail.

### **REGISTRATION:**

26 april 2007 20:00h – 23:00h address: 1-st str.Yamskogo polya, 24  
„Sport Centre,, Moscow.  
Tel/fax:007(495)2570435

### **ORGANISING COMITEE:**

**FEDERATION OKINAWA GOJU-RYU KARATE-DO RUSSIA**  
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